



 Athens, Greece
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About Me

Driven by a decade of experience in defence and union leadership, I work to advance inclusion and social rights within the Armed Forces. Through my position at EUROMIL, I have had the opportunity to collaborate with organizations such as OSCE, EuroISME, EPSU, and EMI to support policy development and strengthen the representation of military personnel across Europe.

Certifications

- CSDP Orientation Course – ESDC
- Security Sector Governance and Reform – DCAF
- Human Rights for Open Societies – Utrecht University
- Gender Mainstreaming in Border Security – OSCE

George ZGARDANAS

Military officer dedicated to social dialogue and the protection of military personnel's rights.

Professional Background

Panhellenic Federation of Armed Forces Unions (PFEARFU)

- *Head of the Organizational Secretariat* | 2025–Present
- *Deputy Head of the Organizational Secretariat* | 2023–2025
- *Director of International Relations* | 2017–2023
- *Board Member* | 2017–Present

European Organisation of Military Associations (EUROMIL)

- *Board Member* | 2021–Present

Hellenic Armed Forces

- *Military Office of the Minister of National Defence (OF-2)* | 2018–Present
- *Intelligence, Security & Public Affairs Officer (OF-2)* | 2017–2018
- *Company Commander (OF-2)* | 2015–2017
- *Various leadership roles in operational units(OF-1)* | 2013–2015

Education

Technical University of Crete

Master of Science (MSc), Operational Research and Analysis
2016–2018

Hellenic Army Academy

Bachelor's Degree, Military Science and Operational Studies
2008–2012

Publications

Center for International and Strategic Analyses

- *Conscription Comeback: How Europe is Reinventing Military Service*
- *Tackling Recruitment and Retention in European Armed Forces*
- *Should the EU Strategic Compass Also Have a Social Dimension*